Introduction

“Treatment X” (ie. new hypothetical treatment – fish oil tablet) will be investigated whether it is effective to minimise depression. Its significance is to address the predominance of depression, whereby there are “300 million people around the world [who experience] depression”, according to “World Health Organisation”. (Morin ,2019) The meaning of “depression” is “a mood disorder characterized by [prolonged] low mood…and [low motivation in activities].” (MacGill ,2017) The ingredients of fish oil tablet contain “omega-3 fatty acids” that “can easily…interact with mood-related molecules inside the brain”. (Mischoulon ,2018)